

# StudyPerth R U OK Day! Timetable of Activities

StudyPerth <noreply@event.eventbrite.com>

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To:Jesus Ang <20128866@tafe.wa.edu.au>



This was sent to you by StudyPerth

StudyPerth R U OK Day is almost here and we are excited to share our timetable of acitivities!

RU OK Day Timetable of Activities		
Time	Activity	Note
10:00am - 2:00pm	Chair Massage	Arrive early to secure your spot, availability is limited
10:00am - 5:00pm	Arts and Crafts	
10:00am - 5:00pm	Bike Blender	
Yoga and Meditation Session		
1:00pm -2:00pm	Breathwork Meditation	Arrive early to secure your spot, availability is limited
2:00pm - 3:00pm	Yoga Session	Arrive early to secure your spot, availability is limited
3:00pm - 4:00pm	Breathwork Meditation	Arrive early to secure your spot, availability is limited
4:00pm - 5:00pm	Yoga Session	Arrive early to secure your spot, availability is limited

Please take note that some activities have limited spaces, arrive early on the day to secure your spot.

We look forward to seeing you!

StudyPerth R U OK Day!

Thursday, September 12, 2024 from 10:00 AM to 5:00 PM (AWST)

StudyPerth Student Hub  
555 Wellington St  
Perth, WA 6000  
Australia

[View Order](#)

Organized by [StudyPerth](#)

## Questions about the event?

Contact the [organizer](#)

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